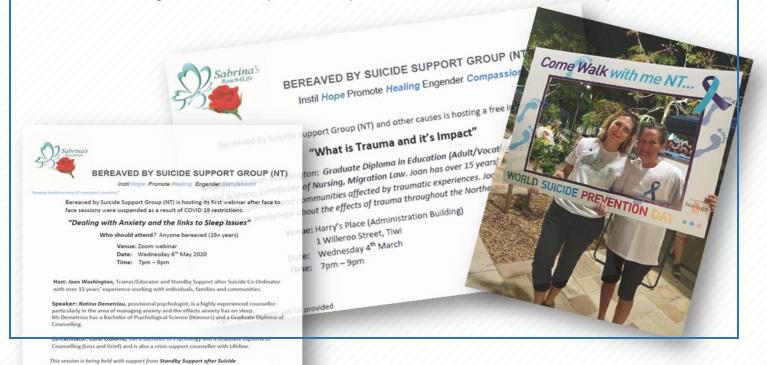




## SabrinasReach4Life 2020

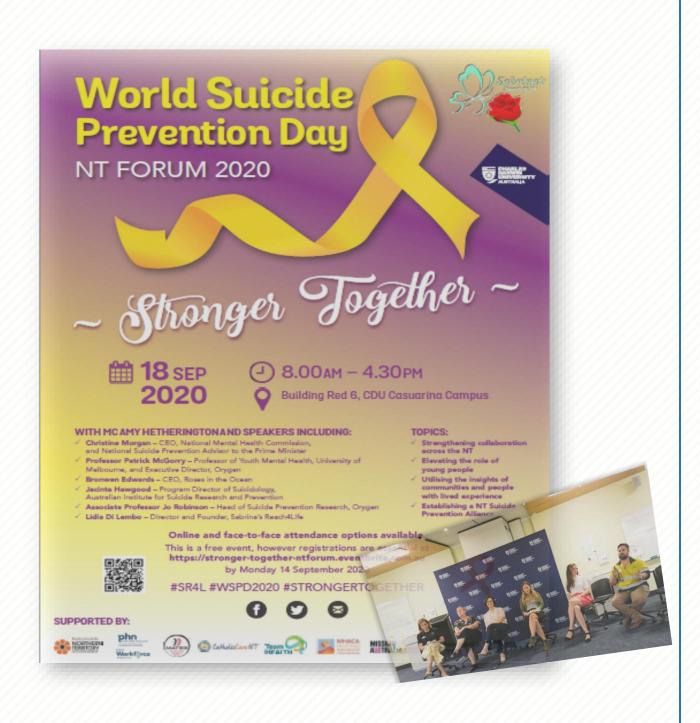
## Achievements

- Co-hosted with CDU the WSPD Forum 20 "Stronger Together" attended by over 130 people
- Co-hosted research with Karl Andriessen Melbourne University, "How to best help Bereaved Adolescents"
- Participated in Come walk with Me event in Palmerston
- Partnership with StandBy for Suicide Peer Support Persons
- Committee attended StandBy Suicide Peer Support training
- Bereaved By Suicide Support Group conducted community presentations,
  "Dealing with Anxiety and Sleep", "What is Trauma and It's Impact"



## Director/Co-Founder activities

- Conducted multiple Radio Interviews on Suicide prevention activity, advocacy for postvention services and WSPD Forum 20 "Stronger Together"
- Held meetings with NT PHN to advocate for lived experience to be trained and part of policy development and program reviews
- Meeting with Health Minister Honourable Natasha Fyles re report on outcomes of the WDPD Forum20







## The year ahead 2021 .....

- Circulate an EOI for new Committee members to join SabrinasReach4Life
- Circulate an EOI to employ Suicide Peer Support
- EOI registered for the Mental Adult Health Centre NT
- Finalise the Website and Portal
- Plan for the Suicide Prevention Summit 21 in partnership with CDU and other key stakeholders
- Lead or assist in establishing a Suicide Prevention Alliance with WSPD members
- Continue promoting the BBSSGNT monthly meetings
- Explore the trial of a Peer Support line either just locally or push for a national one
- Youth Forum ~ Youth Award
- International Suicide Survivor's Day
- Memorial Garden

SabrinasReach4Life Team would like to acknowledge and thankyou to all that have directly or indirectly supported SR4L in 2020, and for the commitment you all have shown us.

Kind Regards Lidia & SR4L Team