



BEREAVED BY SUICIDE SUPPORT GROUP (NT)

Instil *Hope* ~ Promote *Healing* ~ Engender *Compassion*

Group Guidelines

It is important to have group guidelines to help create a sense of safety and boundaries for group members and to help define expected behaviour.

Role of group facilitators

There will be a group facilitator who will run the meeting. A facilitator can be a volunteer from the community who has been bereaved by suicide OR someone with a professional background (counsellor, social worker, or psychologist) who may or may not be suicide bereaved.

Meetings

Usually for 2 hours between 6.30 pm to 8.30pm on the first Wednesday of each month.

Support group meetings are held at Harry's Place Administrative building, 1 Willeroo Street (off Henbury Ave) Tiwi.

Resources and relevant information including referrals will be available at each monthly meeting.

Light refreshments will also be available.

Participants

Persons bereaved by suicide loss. Our 'open door policy' means new members are welcome at any time.

Participants Attendance Register

We would like to maintain a register of attendance at each meeting. This is only for record keeping purposes and to also develop distribution list for email and facebook updates.

Cost – There is no cost.

Agenda

The agenda /topic of each monthly meeting will be emailed to all participants. This may include a guest speaker from time to time.

Privacy and Confidentiality

Your personal information will not be shared outside this group. Should anyone wish to speak with participants and/or seek feedback or participation in suicide prevention

activities, this will only be done with your consent. NT Privacy Legislation also applies.

Not sure about something? Please feel free to contact Sabrina's Reach 4Life

Email: info@sabrinareach4life.com.au OR call 0491 311 211